





Cancer Support Guide



Financial

Aetna Critical Illness Plan

Earn \$50 per enrolled family member per year for completing a health screening, such as a cancer screening.

[myaetnasupplemental.com](#)

My Aetna Supplemental app

800-607-3366 (TTY: 711)

Well-Being Rewards Program

If you have a Health Savings Account (HSA) or Health Reimbursement Account (HRA) through your Coca-Cola medical plan, you and your covered spouse/domestic partner can each earn \$50 for completing a cancer screening.

Well-Being Rewards Program on Connect



Genetic Testing

Guided Genetic Health® Program

Through the Aetna® Transform Oncology program, receive confidential genetic counseling and testing to assess your risk of developing certain cancers or to help guide your treatment plan. Log in to your Aetna member website and scroll down on the home page to select Cancer Support Center on the right. Complete the free online questionnaire to find out if genetic counseling and testing are right for you.

[aetna.com](#)

888-230-COKE (2653) (TTY: 711)

Aetna Transform Oncology Program

Resources for your cancer journey:

- Genetic testing to assess your risk
- A personal navigator to help you understand your benefits and access care
- Cancer Support Center digital hub for self-service information and guidance



Healthcare

Aetna One® Choice

If you're already working with a nurse care manager, they'll remind you about preventive screenings you may need.

888-230-COKE (2653) (TTY: 711)

Coca-Cola Medical Plan

Preventive screenings, such as those for breast, cervical and prostate cancers, are covered by the Coca-Cola medical plans at 100% with no deductible or copay. Genetic counseling and testing are available if you're at risk for hereditary cancers.

[aetna.com](#)

Aetna HealthSM app

888-230-COKE (2653) (TTY: 711)

Medical Plan Digital Support

When you log in to your Aetna member website or use the Aetna Health app, you'll see personalized tips and health actions. These may include recommended cancer detection and preventive screenings.

[aetna.com](#)

Aetna Health app



Well-Being

Aetna Health Assessment

Take a quick online assessment to determine your current state of health and personal health risks. Then get an action plan to help you to prevent cancer.

[aetna.com](#) log in and click Well-Being Journey

Employee Assistance Program (EAP)

Access 24/7 support through ComPsych Guidance Resources, Coca-Cola's EAP provider. Online tools provide information on cancer screening guidelines, how to live a healthier lifestyle and how to lower your risk for certain cancers.

[guidanceresources.com](#)

(Web ID: COLA715)

GuidanceNowSM app

888-243-8917

Virgin Pulse

Set topics of interest to receive daily digital content around preventing disease, keeping up with medications, increasing resilience and more.

Current members:

[member.virginpulse.com](#)

New members:

[engage.virginpulse.com/coca-cola](#)

Virgin Pulse app



At the AOC in Atlanta

Emory Care Center

Emory Care Center offers comprehensive preventive care, including physicals, immunizations and cancer screenings. They also host regular virtual walks with a doctor and other opportunities to get to know their physicians. Services are available to employees and dependents age 18+. Visits are covered by your medical plan the same as an office visit.

Care Center on Connect

emorycarecenter@emoryhealthcare.org

404-676-5800

On-site Health & Wellness Coach

Schedule virtual or in-person appointments for education on preventive screenings, managing chronic conditions associated with cancer, reaching health goals and building healthy lifestyle habits to help prevent cancer.

Amenities and Services on Connect



Digital Tools

Aetna Behavioral Health Member Site

Log in to your Aetna member website and select **Mental Health Support & Services**. Under the Mind & Body tab, click Health Concerns to access articles on many cancer topics, including dealing with emotions and fears, coping with fatigue, and tips for living with cancer.

[aetna.com](https://www.aetna.com)

Aetna Transform Oncology Cancer Support Center

Log in to your Aetna member website and scroll down to select **Cancer Support Center** on the right. You'll find information about diagnostic tests, treatments and benefits specific to your coverage for breast, colorectal, lung, prostate and women's reproductive cancers.

[aetna.com](https://www.aetna.com)

Or text **CancerCare to 66902** for a link to the Cancer Support Center (standard text messaging and other rates from your wireless carrier may apply). You'll need your login information for the [aetna.com](https://www.aetna.com) member site.



Fertility

Progyny

Progyny provides guidance on fertility preservation for cancer patients. Reach out to your dedicated Progyny Patient Care Advocate with any questions about this benefit. Or access this [webinar](#) for more information.

[progyny.com](https://www.progyny.com)

membersupport@progyny.com

833-203-7998



Financial

PayFlex®

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses, such as deductibles, copays and medications, tax free from your account. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

[payflex.com](https://www.payflex.com)

PayFlex Mobile® app

844-729-3539 (TTY: 711)

MetLife Disability

If you're unable to work due to cancer or cancer treatment, disability insurance provides a percentage of your salary. Both **Short-Term Disability** and **Core Long-Term Disability (LTD)** are company paid. You can also enroll in **Supplemental LTD** during Annual Enrollment. If you have questions, contact HR Help.

[metlife.com/mybenefits](https://www.metlife.com/mybenefits)

877-765-2653



Healthcare

2nd.MD

Get an expert medical second opinion, access to a condition-specific care team of nurses and personalized local support. Includes input on a treatment plan, diagnosis or upcoming surgery.

2nd.md/aetna

Coca-Cola Medical Plan

Log in to your Aetna member website or use the Aetna Health app to find in-network providers, see what's covered, track costs and more.

[aetna.com](https://www.aetna.com)

Aetna Health app

888-230-COKE (2653) (TTY: 711)

CVS Caremark®

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty® provides medication for complex conditions, including cancer.

[caremark.com](https://www.caremark.com)

[cvsspecialty.com/go](https://www.cvsspecialty.com/go)

CVS Caremark app

855-465-0028 (TTY: 711), 24/7



Leave

MetLife

To request a leave of absence — or to initiate a return from leave of absence — including Family Medical Leave Act (FMLA) leave, **Short-Term Disability** and **Long-Term Disability**, contact MetLife. If you have questions about the type or duration of a leave of absence or extended sick leave, check with HR Help or visit **Leave of Absence (United States)** on Connect.

[metlife.com/mybenefits](https://www.metlife.com/mybenefits)

877-765-2653

Diagnosis & Treatment ▶



One-on-One Support

AbleTo

Get emotional support when you’re going through a difficult time, such as dealing with a cancer diagnosis. This eight-week program offers therapy sessions by phone or secure video chat. Sessions are covered by your medical plan the same as an office visit.

ableto.com/aetna
888-230-COKE (2653) (TTY: 711)

Aetna® Lifestyle and Condition Coaching

Choose from one-on-one phone coaching, live group coaching webinars and self-directed digital coaching to help you stay healthy while managing cancer.

aetna.com
888-230-COKE (2653) (TTY: 711)

Aetna One Choice

When you have a cancer diagnosis, an Aetna nurse care manager may reach out to help you manage your condition. They can also help you find in-network specialists and treatment facilities.

888-230-COKE (2653) (TTY: 711)

Aetna Transform Oncology Personal Navigator

Get support for both you and your caretaker from a dedicated advocate with experience in cancer diagnosis and treatments. They’ll answer insurance questions, help with prior authorizations and appeals, connect you with a nurse care manager, help you find local resources, and set up provider consultations.

aetna.com
Log in, go to the **Cancer Support Center** and click **Request a call**.

888-230-COKE (2653) (TTY: 711)



Palliative and Hospice Care

Aetna One Choice

Your nurse care manager will work with you to get the palliative care you need. Palliative care focuses on relief from physical suffering. It can be associated with hospice (end-of-life) care, but it’s also provided for people living with a chronic illness. A personal navigator may work with you and your nurse care manager to provide additional support.

888-230-COKE (2653) (TTY: 711)

Hospice

Coca-Cola medical plans cover eligible hospice care services received in a hospital or from a hospice care agency. Covered services may include room and board, physician consultation, physical and occupational therapy, medical supplies, and counseling.

888-230-COKE (2653) (TTY: 711)



Physical Therapy

SimpleTherapy®

Video-based physical therapy sessions are customized for you to help relieve pain and improve flexibility and range of motion.

simpletherapy.com/tccc
referrals@simpletherapy.com

SimpleTherapy app
(Employer name: TCCC)



Supplemental Health Plans

Aetna Critical Illness Plan

This supplemental coverage pays cash benefits when you’re diagnosed with a serious illness, such as cancer. **Note:** The critical illness diagnosis must occur on or after the coverage effective date.

Aetna Hospital Indemnity Plan

This supplemental coverage pays cash benefits for hospital admission, daily hospital stays and daily rehabilitative stays. **Note:** The hospitalization must occur on or after the coverage effective date.

If you have a potentially eligible medical claim and you’ve registered your email with either aetna.com or myaetnasupplemental.com, you’ll get a reminder email to submit a claim.

myaetnasupplemental.com
My Aetna Supplemental app
800-607-3366 (TTY: 711)



At the AOC in Atlanta

Emory Care Center

One-on-one psychotherapy with the Care Center behavioral therapist can help with strategies for managing an illness and dealing with life changes. Visits are covered by your medical plan the same as an office visit.

Care Center on Connect
404-676-5800

On-site Health Concierge

Call for Coca-Cola and Aetna benefits questions and help finding providers.

Amenities and Services on Connect



Digital Tools

Aetna Transform Oncology Cancer Support Center

Log in to your Aetna member website and scroll down to select **Cancer Support Center** on the right. You'll find information for patients and caregivers about understanding your diagnosis, navigating your treatment and addressing your emotional needs for breast, colorectal, lung, prostate and women's reproductive cancers.

aetna.com

Or text **CancerCare** to **66902** for a link to the Cancer Support Center (standard text messaging and other rates from your wireless carrier may apply). You'll need your login information for the aetna.com member site.



Family Support

Aetna Compassionate CareSM Program

Get support from a nurse care manager if you or a family member is facing an advanced stage of illness. Your nurse care manager can arrange for care, help manage benefits (including hospice and respite care), help doctors and other caregivers manage pain and symptoms, and connect you to community resources.

aetnacompassionatecareprogram.com

888-230-COKE (2653) (TTY: 711)

Bright Horizons[®]

Access care programs to support your family's needs during a cancer diagnosis and treatment. Find resources for elder care, child care, house sitters, before- and after-school programs, and more. They also offer a hospice search tool.

clients.brighthorizons.com/coca-cola



Financial

Ayco Financial

Ayco can help you improve your financial well-being through online tools and conversations with certified financial counselors. Counselors can help patients and caregivers make decisions about Coca-Cola benefits, as well as budgeting and planning for treatments, respite care and living expenses.

ayco.com/login/coca-cola

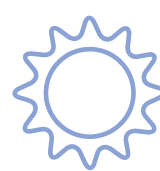
Ayco Mobile app

888-432-9261

MetLife Life Insurance

Benefits include **Core Life insurance (company paid) and Supplemental Life insurance (employee paid)**, which includes free will preparation services to ensure your affairs are in order.

800-638-6420



Mental Well-Being

Coca-Cola Medical Plan

To find in-network therapists and other providers, use the provider search tool on your Aetna member website, or call your Aetna Health Concierge. You can also select **Mental Health Support & Services** on your member website to find information on cancer treatment options, tips for living with cancer, and help for dealing with grief and loss.

aetna.com

888-230-COKE (2653) (TTY: 711)

Employee Assistance Program (EAP)

Access 24/7 support through ComPsych Guidance Resources, Coca-Cola's EAP provider. All employees and their dependents can get eight free counseling sessions per issue, per year. In addition, work-life counselors can make medical referrals if needed, such as for home health nurses and healthcare centers. They can also help with financial and legal support.

guidanceresources.com

(Web ID: COLA715)

GuidanceNow app

888-243-8917





Digital Tools

Aetna Transform Oncology Cancer Support Center

Log in to your Aetna member website and scroll down to select **Cancer Support Center** on the right. You'll find information about adjusting to life after cancer, preventing future cancers, living with cancer and more.

[aetna.com](https://www.aetna.com)

Or text **CancerCare** to **66902** for a link to the Cancer Support Center (standard text messaging and other rates from your wireless carrier may apply). You'll need your login information for the [aetna.com](https://www.aetna.com) member site.

Employee Assistance Program (EAP)

Access 24/7 support through ComPsych Guidance Resources, Coca-Cola's EAP provider. Find podcasts and articles around cancer survivorship by searching "survivorship" on the home page.

guidanceresources.com
(Web ID: COLA715)

GuidanceNow app

888-243-8917



Fertility

Progyny

Progyny provides guidance on fertility preservation for cancer patients. Reach out to your dedicated Progyny Patient Care Advocate with any questions about this benefit. Or access this [webinar](#) for more information.

[progyny.com](https://www.progyny.com)

membersupport@progyny.com

833-203-7998



Financial

Ayco Financial

SurvivorSupport® financial counselors can help surviving family members with financial decisions following the loss of a loved one. Services include one-on-one counseling on estate settlement, Social Security support and retirement, income tax planning, and education funding.

ayco.com/login/coca-cola

Ayco Mobile app

800-235-3417

MetLife Legal Assistance Plan

If enrolled, you, your spouse and your dependents get free access to attorneys for a wide range of legal services, including will preparation.

800-821-6400

MetLife Life Insurance

Benefits include **Core Life insurance (company paid)** and **Supplemental Life insurance (employee paid)**, which includes free will preparation services to ensure your affairs are in order.

800-638-6420



Healthcare

Coca-Cola Medical Plan

Keep up with your regular checkups, preventive care screenings and any cancer follow-ups recommended by your cancer team.

[aetna.com](https://www.aetna.com)

Aetna Health app

888-230-COKE (2653) (TTY: 711)

CVS Caremark

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty provides medication for complex conditions, including cancer.

[caremark.com](https://www.caremark.com)

cvsspecialty.com/go

CVS Caremark app

855-465-0028 (TTY: 711), 24/7





Financial

PayFlex

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses, such as deductibles, copays and medications, tax free from your account. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

payflex.com

PayFlex Mobile app

844-729-3539 (TTY: 711)

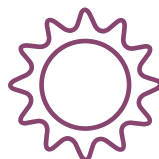


TCCC Initiatives

Compassion Lab

Hosted by Coca-Cola employees, Compassion Lab is an open forum dedicated to mental and emotional agility. It takes place once a week for 30 minutes. Once a month, you can also tune in to the Compassion Lab Speaker Series, which brings in outside experts on wellness, resilience, happiness, life balance, mental agility and more.

The Compassion Lab Yammer Community



Well-Being

Employee Assistance Program (EAP)

Access 24/7 support through ComPsych Guidance Resources, Coca-Cola’s EAP provider. All employees and their dependents can get eight free counseling sessions per issue, per year. You can also access online tools, resource referrals and support for concerns such as stress, anxiety, work-life issues, grief and loss.

guidanceresources.com

(Web ID: COLA715)

GuidanceNow app

888-243-8917

Global Well-Being Hub

Access well-being tools and resources to help you “Refresh Yourself,” your team, your family and others. The hub includes programs, activities, tips, well-being stories from colleagues and the global well-being calendar.

Global Well-Being on Connect

Journeys®

Daily self-guided courses are available through Virgin Pulse’s digital coaching tool. Courses include:

- Eat for Health
- Find Your Focus
- Health for Every Body
- Move to Improve

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app

RethinkCare

Access this digital platform for help with mindfulness, stress, anxiety, resilience, sleep and mental well-being.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

SleepCharge®

Get telephone access to sleep health specialists who can help with cancer-related sleep issues. Sleep education information and materials are also available to all Coca-Cola employees.

sleepcharge.com/tccc

877-615-7257



At the AOC in Atlanta

Emory Care Center

Employees and dependents age 18+ can schedule virtual or in-person appointments. Visits are covered by your medical plan the same as an office visit.

Care Center on Connect

emorycarecenter@emoryhealthcare.org

404-676-5800

On-site Health & Wellness Coach

Schedule virtual or in-person appointments for help with healthy lifestyle choices and meeting well-being goals.

Amenities and Services on Connect

Uplift Fitness Studio

Improve your well-being with virtual fitness classes, personal training, goal setting and more.

Uplift Fitness Center on Connect

upliftfitnessstudio@coca-cola.com

404-676-2001



Questions

COCA-COLA/AETNA BENEFITS QUESTIONS

On-site Health Concierge

Amenities and Services on Connect

Aetna Health Concierge

888-230-COKE (2653) (TTY: 711)

HR QUESTIONS

Use the Digital Assistant on Connect.

Mental Health Resources



Digital Tools

Aetna Behavioral Health Member Site

Everyone gets overwhelmed, anxious or sad at times. But if these feelings keep you up at night, or you just want a mental check-in, log in to your Aetna® member website and select **Mental Health Support & Services**. You'll find tools and resources, including:

- **Let's Talk videos** — counselors share ideas to help you with parenting, coping, relationships, building happiness and more (click **Resource & Tools > Video Library**)
- **Talk Saves Lives™** — online training for suicide awareness and prevention

[aetna.com](https://www.aetna.com)

Brightline Connect+

Access behavioral healthcare for children ages 18 months through 17 years. Sessions are covered by your medical plan the same as an office visit. The program includes:

- Coaching for children and parents
- Speech and language pathology therapy
- A digital platform
- Therapy*
- Medication management*

[hellobrightline.com](https://www.hellobrightline.com)

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge,” then ask about Brightline Connect+.

*Not available in all states.

MindCheck®

Try this online tool to help you understand and manage your emotional health and focus on the positive. You'll get suggested next steps and resources, such as articles and videos.

[mindchecktoday.com](https://www.mindchecktoday.com)

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes:

- Sessions, such as An Introduction to Depression, Ease Anxiety and Stress Breath
- Courses on journaling, boosting happiness and shifting difficult feelings
- Articles about recognizing depression, tips to de-stress and yoga for anxiety
- Brain yoga
- Tips for overcoming stress, anxiety and depression

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

Your Health Education

This interactive platform is designed to introduce healthy lifestyle changes to your daily routine. It includes articles, games, videos and more to keep you on the path to a happier, healthier you.

[aetna.com](https://www.aetna.com)

Log in and click **Well-Being Journey > Coaching**.





Healthcare

2nd.MD

Get an expert medical second opinion when you’re dealing with a mental health issue, such as stress, anxiety or depression. You can get input on your diagnosis, therapy or medication; work with a condition-specific care team of nurses; and find personalized local support.

2nd.md/aetna

2nd.MD app

866-410-8649

Coca-Cola Medical Plan

Coca-Cola medical benefits cover both outpatient and inpatient behavioral healthcare the same as medical care. Log in to your Aetna member website or use the Aetna HealthSM app to find in-network providers, see what’s covered, track costs and more.

aetna.com

Aetna Health app

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge.” The concierge can connect you to Aetna Behavioral Health, if needed.



One-on-One Support

AccordantCare[®] Program through CVS Caremark

Get support for mental health issues, such as depression and anxiety, associated with one of the complex medical conditions supported by this program.

844-342-3032 (TTY: 711)

Aetna Behavioral Health Care Management

An Aetna nurse care manager may reach out to help you manage your condition, including anxiety and depression. They can help you find in-network specialists, community services, and tools and resources.

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge.” The concierge can connect you to Aetna Behavioral Health.

Aetna Compassionate CareSM Program

Get support from a nurse care manager if you or a family member is managing the emotional issues associated with advanced illness.

aetnacompassionatecare.com

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge,” then ask about Compassionate Care.

Aetna[®] Lifestyle and Condition Coaching

Choose from one-on-one phone coaching, live group coaching webinars and self-directed digital coaching to help with sleep and stress management, as well as depression associated with a health condition.

aetna.com

888-230-COKE (2653) (TTY: 711)





Telehealth

AbleTo

Get support for mental health issues, such as stress, anxiety or depression, associated with a chronic medical condition or new diagnosis. This eight-week program offers private therapy sessions by phone or video for age 18+.

ableto.com/aetna

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge,” then ask about AbleTo.

Aetna Behavioral Health Televideo

Get counseling virtually for the same cost or less than an in-person session. Use your webcam with any computer or smart device. Schedule a virtual appointment with one of these providers:

- Array for age 5+
[ArrayBC.com](https://arraybc.com)
800-442-8938
- MDLIVE® for age 10+
mdlive.com/bhcomm
855-824-2170
- Telemynd for age 18+
telemetrynd.com/aetna-referral-form
866-991-2103

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola’s EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue, per year. You can also access online tools and resources for concerns such as stress, anxiety and depression.

guidanceresources.com
(Web ID: COLA715)

GuidanceNowSM app

888-243-8917

Meru Health

Meru Health offers a 12-week program that includes virtual therapy, digital support, biofeedback and anonymous peer support. Get help for moderate to severe depression, anxiety or burnout.

Services are available to Aetna members age 18+ and are subject to your in-network medical plan cost-share.

meruhealth.com/sign-up/aetna

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge,” then ask about Meru Health.

Teladoc Health

Teladoc Health offers counseling sessions for you and your covered family members age 13+ (ages 13–17 must have parental consent). Get support for stress, anxiety, not feeling like yourself or other challenges. You can schedule virtual sessions with a therapist or psychiatrist seven days a week. Sessions are covered by your medical plan the same as an office visit. You and your enrolled spouse or domestic partner can each earn \$25 into your Health Savings Account (HSA) or Health Reimbursement Account (HRA) for registering with Teladoc Health.

teladochealth.com/aetna

Teladoc Health app

855-TELADOC (835-2362)



At the AOC in Atlanta

Emory Care Center

One-on-one psychotherapy with the Care Center behavioral therapist can help with a wide range of concerns, including depression, anxiety, stress, relationship issues, trauma, and difficulty managing emotions and life transitions. Visits are covered by your medical plan the same as an office visit.

Care Center on Connect

emorycarecenter@emoryhealthcare.org

404-676-5800





Digital Tools

Aetna Behavioral Health Member Site

Log in to your Aetna member website and select **Mental Health Support & Services**. Find resources and information on alcohol, substance and opioid misuse, smoking, and gambling addiction.

aetna.com

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes:

- Sessions — Intro to SUD and Understanding SUD
- Courses — Balancing Addiction
- Articles — *Helping Others Can Ease Alcohol and Drug Addiction*

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

Workit Health

Get online therapy and medication-assisted treatment to help you quit opioids or alcohol. The program includes live messaging with a care team, online recovery groups and a personalized curriculum of addiction courses.

workithealth.com/aetna

877-777-2671



Healthcare

2nd.MD

Get an expert medical second opinion when you’re dealing with substance abuse issues. You can get input on your diagnosis, therapy or medication; work with a condition-specific care team of nurses; and find personalized local support.

2nd.md/aetna

2nd.MD app

866-410-8649

Coca-Cola Medical Plan

Coca-Cola medical benefits cover both outpatient and inpatient behavioral healthcare the same as medical care.

aetna.com

Aetna Health app

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge.” The concierge can help you find providers and connect you to Aetna Behavioral Health, if needed.

CVS Caremark

Your prescription benefits include 90-day supplies, home delivery and personalized support. CVS Specialty provides medication for complex conditions.

caremark.com

cvsspecialty.com/go

CVS Caremark app

855-465-0028 (TTY: 711), 24/7





One-on-One Support

Aetna Behavioral Health Care Management

An Aetna nurse care manager may reach out to help you manage your condition, including alcohol and substance use disorders. They can help you find in-network specialists, treatment facilities, community services, and tools and resources. If you have an inpatient stay, your nurse care manager may refer you to myStrength, a personalized online tool to help with stress, anxiety, pain and more.

888-230-COKE (2653) (TTY: 711)
Press 1 for medical self-service and say “concierge.” The concierge can connect you to Aetna Behavioral Health.

Aetna® Lifestyle and Condition Coaching Tobacco Cessation

Choose from one-on-one phone coaching, live group coaching webinars and self-directed digital coaching to help you kick the tobacco habit.

aetna.com

888-230-COKE (2653) (TTY: 711)

Guardian Angel

Get one-on-one support if you’re struggling with opioid misuse or recently survived an overdose. You’ll find the treatment you need to recover and connect with local support resources. An Aetna nurse may reach out to you if you could benefit from this program.

888-230-COKE (2653) (TTY: 711)
Press 1 for medical self-service and say “concierge,” then ask about Guardian Angel.



Supplemental Health Plans

Aetna Hospital Indemnity Plan

This supplemental coverage pays a daily benefit for up to 30 days per year for a stay in a hospital or substance use treatment facility. **Note:** The hospitalization must occur on or after the coverage effective date. If you have an eligible claim and you’ve registered your email with either **aetna.com** or **myaetnasupplemental.com**, you’ll get a reminder email to submit a claim.

myaetnasupplemental.com

My Aetna Supplemental app
800-607-3366 (TTY: 711)



Telehealth

Aetna Behavioral Health Televideo

Get counseling virtually for the same cost or less than an in-person session. Use your webcam with any computer or smart device. Schedule a virtual appointment with one of these providers:

- Array for age 5+
ArrayBC.com
800-442-8938
- MDLIVE for age 10+
mdlive.com/bhcomm
855-824-2170
- Telemynd for age 18+
telemetrynd.com/aetna-referral-form
866-991-2103

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola’s EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue, per year. You can also access online tools and resources for concerns such as substance misuse.

guidanceresources.com
(Web ID: COLA715)

GuidanceNow app
888-243-8917

Teladoc Health

Teladoc Health offers counseling sessions for you and your covered family members age 13+ (ages 13–17 must have parental consent). Get support for substance use disorders or other challenges. Sessions are covered by your medical plan the same as an office visit. You can schedule virtual sessions with a therapist or psychiatrist seven days a week. You and your enrolled spouse or domestic partner can each earn \$25 into your Health Savings Account (HSA) or Health Reimbursement Account (HRA) for registering with Teladoc Health.

teladochealth.com/aetna

Teladoc Health app
855-TELADOC (835-2362)



Digital Tools

Brightline Connect+

Access behavioral healthcare for children ages 18 months through 17 years. Sessions are covered by your medical plan the same as an office visit. The program includes:

- Coaching for children and parents
- Speech and language pathology therapy
- A digital platform
- Therapy*
- Medication management*

hellobrightline.com

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge,” then ask about Brightline Connect+.

*Not available in all states.

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes:

- Sessions — Transforming Habits
- Courses — Develop Healthy Habits
- Articles — *Stressed Out? Try Habit Replacement Therapy*

Current members: member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

Workit Health

Get online therapy and medication-assisted treatment to help address behavior addictions, like gambling and eating disorders. The program includes live messaging with a care team, online recovery groups and a personalized curriculum of addiction courses.

workithealth.com/aetna

877-777-2671



Healthcare

2nd.MD

Get an expert medical second opinion on behavioral health disorders and other conditions. You can get input on your diagnosis, therapy or medication; work with a condition-specific care team of nurses; and find personalized local support.

2nd.md/aetna

2nd.MD app

866-410-8649

Coca-Cola Medical Plan

Coca-Cola medical benefits cover both outpatient and inpatient behavioral healthcare the same as medical care.

aetna.com

Aetna Health app

888-230-COKE (2653) (TTY: 711)

Press 1 for medical self-service and say “concierge.” The concierge can help you find providers and connect you to Aetna Behavioral Health, if needed.



Leave

MetLife

To request a leave of absence — or to initiate a return from leave of absence — including Family and Medical Leave Act (FMLA) leave, **Short-Term Disability** and **Long-Term Disability**, contact MetLife. Or, if you have questions about the type or duration of a leave of absence or extended sick leave, contact HR Help or visit **Leave of Absence (United States)** on Connect.

metlife.com/mybenefits

877-765-2653



One-on-One Support

AccordantCare® Program
through CVS Caremark
Get support for mental health issues, such as bipolar disorder, associated with one of the complex medical conditions supported by this program.
844-342-3032 (TTY: 711)

Aetna Autism Advocate
Your Coca-Cola medical plan includes the support of an autism advocate who can answer your questions, pair you with professionals and connect you with resources.
888-230-COKE (2653) (TTY: 711)
Press 1 for medical self-service and say “concierge.” The concierge can connect you with an autism advocate.

Aetna Behavioral Health Care Management
An Aetna nurse care manager may reach out to help you manage your condition, including bipolar conditions, eating disorders and psychotic disorders. They can help you find in-network specialists, treatment facilities, community services, and tools and resources. If you have an inpatient stay, your nurse care manager may refer you to myStrength, a personalized online tool to help with stress, anxiety and more.
888-230-COKE (2653) (TTY: 711)
Press 1 for medical self-service and say “concierge.” The concierge can connect you to Aetna Behavioral Health.



Supplemental Health Plans

Aetna Hospital Indemnity Plan
This supplemental coverage pays a daily benefit for up to 30 days per year for a stay in a hospital or mental health treatment facility. **Note:** The hospitalization must occur on or after the coverage effective date. If you have an eligible claim and you’ve registered your email with either **aetna.com** or **myaetnasupplemental.com**, you’ll get a reminder email to submit a claim.
myaetnasupplemental.com
My Aetna Supplemental app
800-607-3366 (TTY: 711)



Telehealth

AbleTo
Get support for mental health struggles, such as depression or panic attacks, associated with a chronic medical condition or new diagnosis. This eight-week program offers private therapy sessions by phone or video for age 18+. Sessions are covered by your medical plan the same as an office visit. If your claims show you could benefit from the program, someone may call you.
ableto.com/aetna
888-230-COKE (2653) (TTY: 711)
Press 1 for medical self-service and say “concierge,” then ask about AbleTo.

Aetna Behavioral Health Televideo
Get counseling virtually for the same cost or less than an in-person session. Use your webcam with any computer or smart device. Schedule a virtual appointment with one of these providers:

- Array for age 5+
ArrayBC.com
800-442-8938
- MDLIVE for age 10+
mdlive.com/bhcomm
855-824-2170
- Telemynd for age 18+
telemetrynd.com/aetna-referral-form
866-991-2103

Meru Health
Meru Health offers a 12-week program that includes virtual therapy, digital support, biofeedback and anonymous peer support. Get help for moderate to severe depression, anxiety or burnout. Services are available to Aetna members age 18+ and are subject to your in-network medical plan cost-share.
meruhealth.com/sign-up/aetna
888-230-COKE (2653) (TTY: 711)
Press 1 for medical self-service and say “concierge,” then ask about Meru Health.

Teladoc Health
Teladoc Health offers counseling sessions for you and your covered family members age 13+ (ages 13-17 must have parental consent). Get support for autism, anorexia/ bulimia, adjustment disorder, schizophrenia or other behavior disorders. You can schedule virtual sessions with a therapist or psychiatrist seven days a week. Sessions are covered by your medical plan the same as an office visit. You and your enrolled spouse or domestic partner can each earn \$25 into your Health Savings Account (HSA) or Health Reimbursement Account (HRA) for registering with Teladoc Health.
teladochealth.com/aetna
Teladoc Health app
855-TELADOC (835-2362)



Financial

Ayco Financial

Put your mind at ease through confidential conversations with an Ayco financial counselor trained on Coca-Cola benefits. These include supplemental health plans, Health Savings Accounts, Flexible Spending Accounts, Dependent Care Reimbursement Accounts, life and disability insurance, and more.

ayco.com/login/coca-cola

Ayco Mobile app

888-432-9261

Enrich

This financial well-being platform provides personalized financial education to help you build a strong financial future.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app

PayFlex®

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses, such as deductibles, copays and medications, tax free. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

payflex.com

PayFlex Mobile® app

844-729-3539 (TTY: 711)

Well-Being Rewards Program

Complete activities through Aetna to earn up to \$300 in Rewards Dollars deposited into your Health Savings Account (HSA) or Health Reimbursement Account (HRA). Also complete activities through Virgin Pulse to earn up to 1,000 Rewards Points with Celebrating You. You can redeem Rewards Points for a valuable experience or item, such as travel, merchandise and charity donations.

[Well-Being Rewards Program on Connect](#)



TCCC Initiatives

Compassion Lab

Hosted by Coca-Cola employees, Compassion Lab is an open forum dedicated to mental and emotional agility. It takes place once a week for 30 minutes. Once a month, you can also tune in to the Compassion Lab Speaker Series, which brings in outside experts on wellness, resilience, happiness, life balance, mental agility and more.

[The Compassion Lab Yammer Community](#)

Global Well-Being Hub

Access well-being tools and resources to help you “Refresh Yourself,” your team, your family and others. The hub includes programs, activities, tips and the global well-being calendar. It also features well-being stories from colleagues, such as:

- Balancing Work and Life
- Building a Positive Mindset
- Burnout Can Happen to Anyone

[Global Well-Being on Connect](#)

Inclusion Networks

Inclusion networks are employee-led, company-recognized networks that act as a voice and resource. We encourage all employees to join an inclusion network. Even if you don’t personally identify with one of the inclusion networks, you can still show your support and participate by joining as an ally.

[Inclusion Networks on Connect](#)

Self-Identification of Disability

Coca-Cola offers a range of initiatives and programs to embrace diversity and inclusion across our business. To support these efforts and comply with federal regulations, we encourage you to self-identify your disability status, including mental health disabilities. To update your disability status, click [HERE](#).





Well-Being

Journeys®

Daily self-guided courses help you build healthy habits for managing stress, anxiety and depression. Courses include:

- Beat the Blues
- Calm Your Mind for Sleep
- Choose a New Mindset

Current members:
member.virginpulse.com

New members:
engage.virginpulse.com/coca-cola

Virgin Pulse app

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It offers daily sessions under Meditate, Sleep and Move on the app, as well as these sessions:

- Grow Yourself
- Mental Health for Parents
- Journaling: Improve Your Mental Health and Cultivate Healthy Thoughts

Current members:
member.virginpulse.com

New members:
engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

SleepCharge®

Get virtual access to sleep experts offering behavioral and medical solutions to help improve sleep, an important component of strong mental health.

sleepcharge.com/tccc
877-615-7257

WithU

Improve and support your mental health with this audio-led personal training app. It offers hundreds of beginner, intermediate and advanced workouts, including yoga, meditation, weight training, HIIT and more.

Current members:
member.virginpulse.com

New members:
engage.virginpulse.com/coca-cola

Virgin Pulse app and WithU app

If you’re experiencing a behavioral health crisis or emergency, call 911 immediately. Or, if you or a loved one is in crisis, call the **Suicide & Crisis Lifeline** at **988** for free and confidential support 24/7.



At the AOC in Atlanta

On-site Health & Wellness Coach

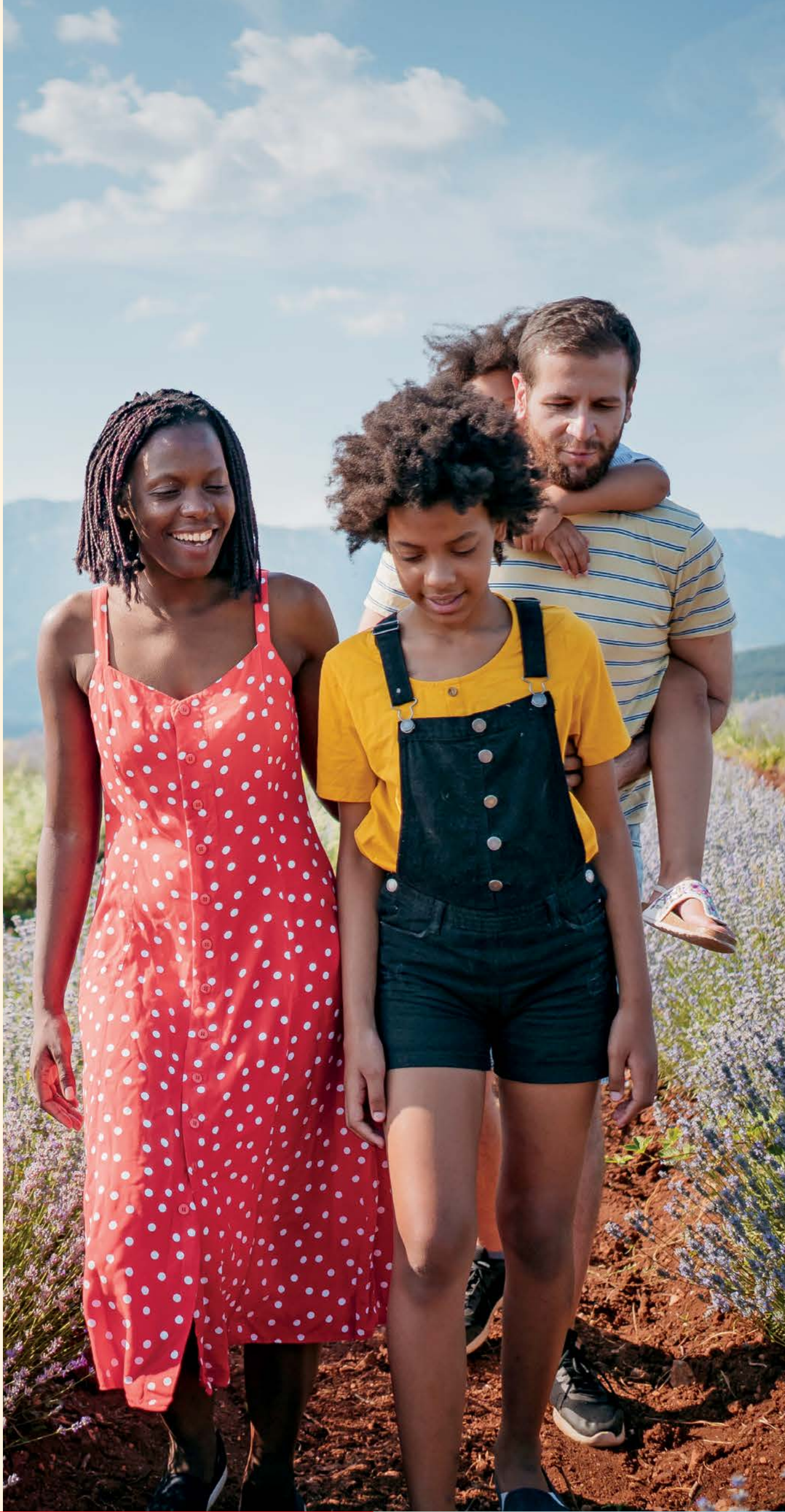
Schedule virtual or in-person appointments to learn stress management and resiliency techniques, and to get help with healthy lifestyle choices and meeting well-being goals.

Amenities and Services on Connect

Uplift Fitness Studio

Help improve your mental health with fitness classes, personal training, goal setting and more.

Uplift Fitness Center on Connect
upliftfitnessstudio@coca-cola.com
404-676-2001





Questions

COCA-COLA/AETNA BENEFITS QUESTIONS

On-site Health Concierge

Amenities and Services on Connect

Aetna Health Concierge

888-230-COKE (2653) (TTY: 711)

HR QUESTIONS

Use the Digital Assistant on Connect.

Family Planning & Maternity Resources



Adoption and Surrogacy

Adoption and Surrogacy Assistance Program

Eligible regular full-time employees can be reimbursed for up to \$10,000 per child for a portion of certain expenses related to adopting a child or using a surrogate, for children up to age 18. For more information, review the **policy** or contact HR Help.

Cleo

Your Cleo Guide can offer expert support throughout the adoption process. Or they can help you decide whether to use a surrogate, and whether to use donor eggs, sperm or embryos. They can also support you in an ongoing relationship with your surrogate.

hicleo.com/activate

(Register using work email or company code: TCCC)

Cleo for Families app — code TCCC

MetLife

Moms and dads can receive **Paid Parental Leave** for up to eight weeks to bond with a new child following birth, adoption or foster care.

If you have questions about the type or duration of a leave of absence, contact HR Help or visit **Leave of Absence (United States)** on Connect.

metlife.com/mybenefits

877-765-2653

Progyny

Connect with your Progyny Patient Care Advocate to learn more about the Progyny family-building benefit.

progyny.com

833-203-7998



Conceiving

Cleo

Your Cleo Guide can offer expert support throughout family planning, including navigating your benefits, mental health support and screening, and more.

hicleo.com/activate

(Register using work email or company code: TCCC)

Cleo for Families app — code TCCC

Coca-Cola Medical Plan

Visit the Aetna® **Maternity Support Center** to find information on topics such as:

- Family planning
- Fertility
- Pre-pregnancy checklists

aetna.com

Log in and look under the **Health & Wellness** tab.

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes audio and video sessions to support parents who are trying to conceive.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app





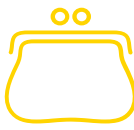
Fertility

Progyny

Access leading fertility specialists, advanced fertility treatments and support for diverse needs.

progyny.com

833-203-7998



Financial

Aetna Hospital Indemnity Plan

This supplemental coverage pays a daily benefit for up to 30 days per year for a hospital stay, including routine newborn care. **Note:** The hospitalization must occur on or after the coverage effective date. If you have an eligible claim and you’ve registered your email with either aetna.com or myaetnasupplemental.com, you’ll get a reminder email to submit a claim.

myaetnasupplemental.com

My Aetna Supplemental app

800-607-3366 (TTY: 711)

Ayco Financial

Put your mind at ease through confidential conversations with an Ayco financial counselor trained on Coca-Cola benefits. These include supplemental health plans, Health Savings Accounts, Flexible Spending Accounts, Dependent Care Reimbursement Accounts, life and disability insurance, and more.

ayco.com/login/coca-cola

Ayco Mobile app

888-432-9261

Coca-Cola Credit Union

On-site banking and financial products and services are available to employees and immediate family members.

Monday–Friday, 9 AM–4 PM

Credit Union brochure

creditunion.coca-cola.com

404-676-2586

(inside metro Atlanta)

877-277-2586

(outside metro Atlanta)

Dependent Care Reimbursement Account (DCRA)

A DCRA allows you to contribute pre-tax dollars to pay for eligible dependent care services. You can opt in during Annual Enrollment or after a qualifying family status change, even if you don’t participate in a company medical plan.

Dependent Care on Connect

Dependent Care Reimbursement for Overnight Travel

If you need to pay dependent care expenses while traveling overnight on Coca-Cola business, you may be eligible for reimbursement. For more information, review the **policy** or contact HR Help.

Enrich

This financial well-being platform provides personalized financial education to help you build a strong financial future.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app

PayFlex®

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses, such as deductibles, copays and medications, tax free. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

payflex.com

PayFlex Mobile® app

844-729-3539 (TTY: 711)



Delivery

Aetna Hospital Indemnity Plan

This supplemental coverage pays a daily benefit for up to 30 days per year for a hospital stay, including routine newborn care. **Note:** The hospitalization must occur on or after the coverage effective date. If you have an eligible claim and you’ve registered your email with either [aetna.com](https://www.aetna.com) or myaetnasupplemental.com, you’ll get a reminder email to submit a claim.

myaetnasupplemental.com

My Aetna Supplemental app

800-607-3366 (TTY: 711)

Coca-Cola Medical Plan

Use your Aetna member website and the Aetna HealthSM app to find in-network providers, see what’s covered, track costs and more. You can also access the Aetna **Maternity Support Center** to find information on topics such as:

- Coverage details, like ultrasound costs
- Labor and delivery
- Risks and complications

[aetna.com](https://www.aetna.com)

Aetna Health app

888-230-COKE (2653) (TTY: 711)

CVS Caremark®

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty® provides medication for complex conditions.

[caremark.com](https://www.caremark.com)

cvsspecialty.com/go

CVS Caremark app

855-465-0028 (TTY: 711), 24/7



Leave

MetLife

Contact MetLife a month prior to the delivery date to file for:

- **Short-Term Disability**
- Family and Medical Leave Act (FMLA) leave
- **Paid Parental Leave** — available to both birth and non-birth parents for birth, adoption or foster care

If you have questions about the type or duration of a leave of absence, contact HR Help or visit **Leave of Absence (United States)** on Connect. Contact MetLife for state-level leave coordination.

[metlife.com/mybenefits](https://www.metlife.com/mybenefits)

877-765-2653



Pre-Delivery & Delivery ▶



Maternity

Aetna Health Concierge

Call your Aetna Health Concierge if you need help selecting an ob/gyn doctor.

888-230-COKE (2653) (TTY: 711)

Cleo

Your Cleo Guide can work with you through your whole parenting journey to help you find the right providers, understand what to expect at appointments and answer questions between visits.

hicleo.com/activate

(Register using work email or company code: TCCC)

Cleo for Families app — code TCCC

Delta Dental

It's important to keep up with your dental care during pregnancy. Our dental plans cover two free cleanings per year.

deltadentalins.com

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes parenting courses with an emphasis on topics such as stress, empathy, patience and gratitude.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

SimpleTherapy®

This app-based, self-guided digital joint therapy program uses targeted stretches and exercises to treat musculoskeletal conditions related to pregnancy. There are no copays or out-of-pocket costs to use the program.

simpletherapy.com/tccc

referrals@simpletherapy.com

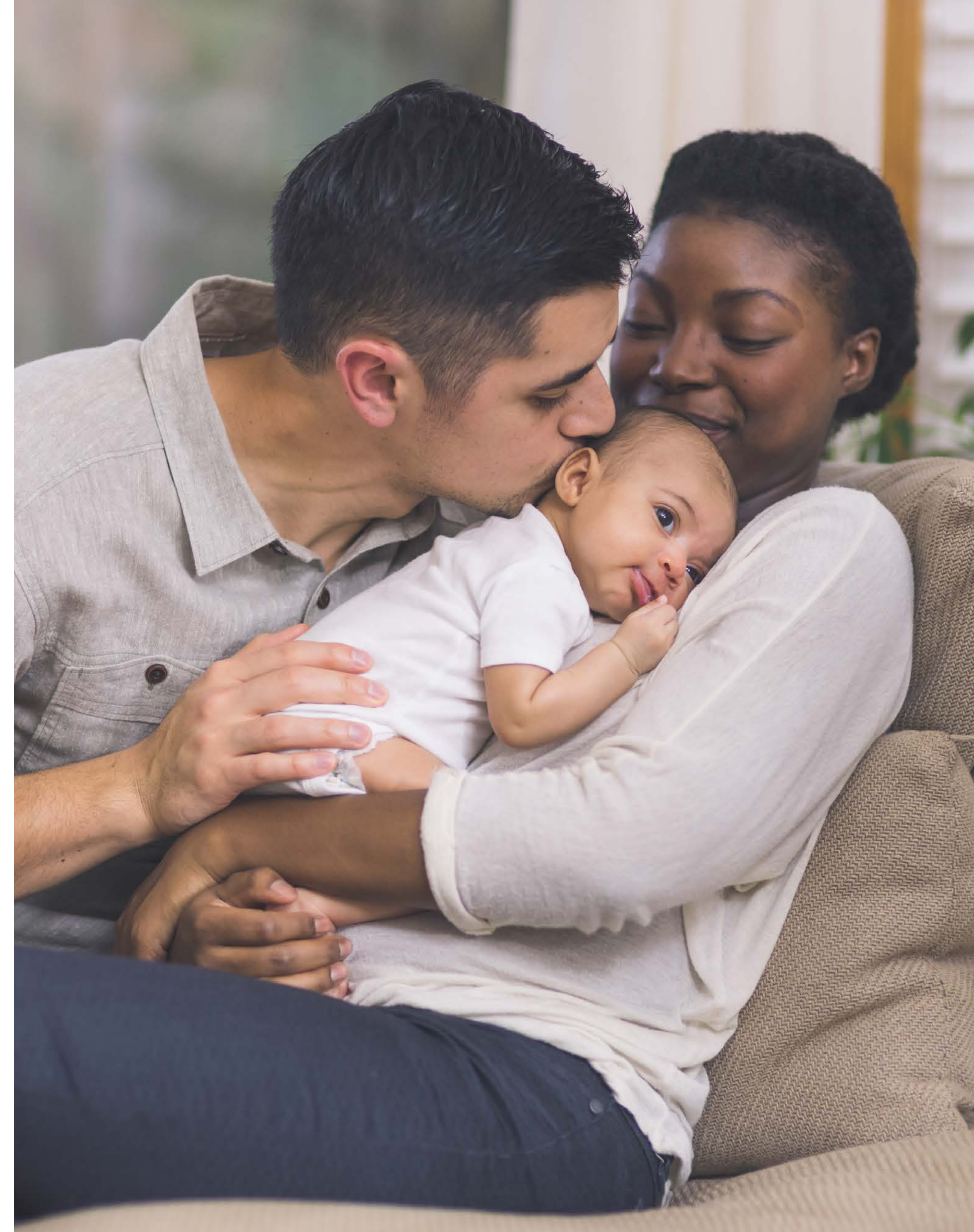
SimpleTherapy app
(Employer name: TCCC)

SleepCharge®

Use this telehealth program to help improve your sleep and establish a new routine for you and your baby. General sleep education information and materials are available to all Coca-Cola employees.

sleepcharge.com/tccc

877-615-7257





Family Support

Bright Horizons®

Bright Horizons offers family care/school support for working parents, including help with sitters, nannyng, pet care and housekeeping, plus free parenting workshops.

clients.brighthouse.com/coca-cola

Cleo

Cleo Guides offer work-life family support and provide guidance on childcare, developmental milestones, emotional needs and more for newborns through teens. Cleo can also help with postpartum depression.

hicleo.com/activate

(Register using work email or company code: TCCC)

Cleo for Families app — code TCCC

Coca-Cola Medical Plan

Visit the Aetna **Maternity Support Center** to find information on topics such as:

- Baby-care tips
- Baby’s health care
- Breastfeeding and postpartum support

aetna.com

Log in and look under the **Health & Wellness** tab.



Mental Well-Being

Coca-Cola Medical Plan

To find in-network therapists and other providers, use the provider search tool on your Aetna member website or the Aetna Health app, or call your Aetna Health Concierge. You can also select **Mental Health Support & Services** on your member website to find information on stress, anxiety, postpartum depression and more.

aetna.com

888-230-COKE (2653) (TTY: 711)

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola’s EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue, per year. You can also get referrals for childcare and access online tools and resources for postpartum depression.

guidanceresources.com

(Web ID: COLA715)

GuidanceNowSM app

888-243-8917



Parenting

Cleo

Cleo Guides offer expert support for new parents, including NICU case management, lactation training, newborn parenting education and sleep coaching.

hicleo.com/activate

(Register using work email or company code: TCCC)

Cleo for Families app — code TCCC

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes a four-part series on parenting.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app



Return to Work

MetLife

As soon as you’re able, contact MetLife to confirm your delivery date and provide your estimated return-to-work date.

If you have questions about the type or duration of a leave of absence, contact HR Help or visit **Leave of Absence (United States)** on Connect.

metlife.com/mybenefits

877-765-2653

Mother’s Rooms

All facilities have rooms for nursing mothers who need a private place to pump. All rooms have a refrigerator or cooler and an electrical outlet.

At the AOC, access is granted via the AOC FPG Security Office.





TCCC Initiatives

Compassion Lab

Hosted by Coca-Cola employees, Compassion Lab is an open forum dedicated to mental and emotional agility. It takes place once a week for 30 minutes. Once a month, you can also tune in to the Compassion Lab Speaker Series, which brings in outside experts on wellness, resilience, happiness, life balance, mental agility and more.

The Compassion Lab Yammer Community

Parent Portal

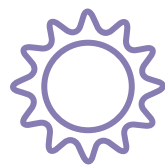
The purpose of this portal is to share resources, facilitate discussions, and provide support and words of encouragement for parents and caregivers. Support includes tip sheets and guides from well-being resources, information on benefits and care support, and organic solutions from your local community.

Parent Portal on Yammer

Women’s LINC Inclusion Network

This network is a group of influencing members working together to help advance women in their careers and contribute to the business. This is done through peer-to-peer counseling and resources, training, inspiring talks, and much more.

Women’s LINC on Yammer



Well-Being

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola’s EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue, per year. You can also get referrals for childcare, help with will preparation, and access to online tools and resources for concerns such as stress, anxiety and depression.

guidanceresources.com
(Web ID: COLA715)

GuidanceNow app
888-243-8917

RethinkCare

This mindfulness and meditation digital platform helps improve mental health. It includes a four-part series on parenting.

Current members:
member.virginpulse.com
New members:
engage.virginpulse.com/coca-cola
Virgin Pulse app and RethinkCare app

SleepCharge

Use this telehealth program to help improve your sleep for better physical and mental health.

sleepcharge.com/tccc
877-615-7257

Virgin Pulse

This digital platform helps support your total well-being, including physical activity, healthy habits, mindfulness and more.

Current members:
member.virginpulse.com
New members:
engage.virginpulse.com/coca-cola
Virgin Pulse app

WithU

Improve and support your mental health with this audio-led personal training app. It offers hundreds of beginner, intermediate and advanced workouts, including yoga, meditation, weight training, HIIT and more.

Current members:
member.virginpulse.com
New members:
engage.virginpulse.com/coca-cola
Virgin Pulse app and WithU app



At the AOC in Atlanta

Emory Care Center

Employees and dependents age 18+ can schedule virtual or in-person appointments. Visits are covered by your medical plan the same as an office visit.

Care Center on Connect
emorycarecenter@emoryhealthcare.org
404-676-5800

On-site Health & Wellness Coach

Schedule virtual or in-person appointments to learn stress management and resiliency techniques, and to get help with healthy lifestyle choices and meeting well-being goals.

Amenities and Services on Connect

Uplift Fitness Studio

Help improve your mental health with fitness classes, personal training, goal setting and more.

Uplift Fitness Center on Connect
upliftfitnessstudio@coca-cola.com
404-676-2001



Questions

COCA-COLA/AETNA BENEFITS QUESTIONS

On-site Health Concierge

Amenities and Services on Connect

Aetna Health Concierge

888-230-COKE (2653) (TTY: 711)

HR QUESTIONS

Use the Digital Assistant on Connect.

Ability/Disability Resources



Inclusion Initiatives

Diversity, Equity and Inclusion at The Coca-Cola Company

Diversity, equity and inclusion are at the heart of our values and our growth strategy, and they play an important part in our company’s success. We are focused on empowering access to equal opportunities and building inclusion and belonging, both in our workplaces and in society. Learn more about how The Coca-Cola Company supports diversity, equity and inclusion.

Diversity Inclusion on Connect

Self-Identification of Disability

Coca-Cola offers a range of initiatives and programs to embrace diversity and inclusion across our business. To support these efforts and comply with federal regulations, we encourage you to self-identify your disability status. To update your disability status, click [HERE](#).



Leadership

Valuable 500

Coca-Cola Chairman and CEO James Quincey affirmed the company’s commitment to diversity, equity and inclusion by joining **The Valuable 500**. This is a global network of 500 CEOs who have pledged to improve disability inclusion in the workplace.

The Valuable 500



Networking

C.O.R.E. Network

CORE (community, outreach, resources, engagement) networks are peer-led groups that offer an environment to share, learn from each other and grow. To join, email corenetwork@coca-cola.com.

Current CORE Connection Groups:

- Parents of Children with Disabilities
- Employees with Disabilities
- Caregivers of Adults (contact Lynn Linck to join the Women’s LINC Caregiver Circle)

Compassion Lab

Hosted by Coca-Cola employees, Compassion Lab is an open forum dedicated to mental and emotional agility. It takes place once a week for 30 minutes. Once a month, you can also tune in to the Compassion Lab Speaker Series, which brings in outside experts on wellness, resilience, happiness, life balance, mental agility and more.

The Compassion Lab Yammer Community



Well-Being

Global Well-Being Hub

Access well-being tools and resources to help you “Refresh Yourself,” your team, your family and others. The hub includes information on programs and activities, tips, well-being stories from colleagues, and the global well-being calendar.

Global Well-Being on Connect



Family Support

Bright Horizons®
Enhanced Family
Support

Access family support resources, including academic tutoring and before- and after-school programs. You can also access Sittercity for help finding babysitters for regular and weekend care, including for children with special needs.

Resources for Families page
clients.brighthouse.com/
coca-cola

Cleo

Get one-on-one guidance from a Cleo Guide from before your baby arrives (through pregnancy, adoption, surrogacy or fostering) up to the first birthday. Support includes:

- An app with content on genetic screenings and how to navigate a possible or confirmed disability diagnosis
- Help finding a care provider who specializes in high-risk pregnancies
- Doula and midwife teams that offer specialized support
- Access to clinicians and specialists, including NICU case managers, autism disorder specialists and child psychologists for parental support
- Help finding early intervention programs and providers in your area

hicleo.com/activate
(Register with your work email or company code: TCCC)

Cleo for Families app

School System

School districts in almost every state will pay for services related to developmental delays and autism spectrum disorder. Parents can ask for testing and get services for children as young as age 2 in many states.

State Support

Many states have programs for special needs infants and toddlers, such as Babies Can’t Wait in Georgia. In addition, the Katie Beckett Waiver, available in many states, helps with home care for kids of all ages with significant needs.



Financial

Ayco Financial

Ayco can help you improve your financial well-being through online tools and conversations with certified financial counselors. Counselors can discuss financial decisions related to disabilities and children with special needs, as well as disability insurance and available Coca-Cola benefits options.

ayco.com/login/coca-cola

Ayco Mobile app

888-432-9261

Enrich

This financial well-being platform provides personalized financial education to help you build a strong financial future. Videos include What Is Disability Insurance?, Protecting Your Loved Ones and How to Protect Your Family Against Loss.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app

PayFlex®

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses like deductibles, copays and medications tax free. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

payflex.com

PayFlex Mobile® app

844-729-3539 (TTY: 711)



Healthcare

Aetna® Autism Advocate

Your Coca-Cola medical plan includes the support of an autism advocate who can answer your questions, pair you with professionals and connect you with resources.

888-230-COKE (2653) (TTY: 711)

Aetna Behavioral Health

Your Coca-Cola medical plan covers behavioral health services. These include support for parents of a child recently diagnosed with a disability and parents managing a child’s ongoing condition, such as dyslexia and dysgraphia.

[aetna.com](https://www.aetna.com)

Aetna HealthSM app

888-230-COKE (2653) (TTY: 711)

Aetna Health Concierge

Call your Aetna Health Concierge if you need help finding in-network specialists to help manage your child’s condition.

888-230-COKE (2653) (TTY: 711)

Coca-Cola Medical Plan

Your plan includes coverage for hearing aids and cochlear implants (subject to certain guidelines); physical, speech and occupational therapy; wheelchairs and prosthetics; applied behavior analysis (ABA) therapy; and counseling for help managing ongoing conditions, such as dyslexia and dysgraphia.

[aetna.com](https://www.aetna.com)

Aetna Health app

888-230-COKE (2653) (TTY: 711)

CVS Caremark®

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. Coverage of medication for attention-deficit/hyperactivity disorder (ADHD) is also included. CVS Specialty® provides medication for complex conditions.

[caremark.com](https://www.caremark.com)

[cvsspecialty.com/go](https://www.cvsspecialty.com/go)

CVS Caremark app

855-465-0028 (TTY: 711), 24/7



Leave

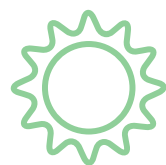
MetLife Disability and Leave

To request a Leave of Absence — or to initiate a Return from Leave of Absence — including Family and Medical Leave Act (FMLA) leave, **Short-Term Disability** and **Long-Term Disability**, contact MetLife. Or, if you have questions about the type or duration of a leave of absence or extended sick leave, contact HR Help or visit **Leave of Absence (United States)** on Connect.

[metlife.com/mybenefits](https://www.metlife.com/mybenefits)

877-765-2653





Mental Well-Being

AbleTo

Access emotional support when you’re going through a difficult time, such as dealing with a medical diagnosis or life transition. This eight-week program offers private therapy sessions by phone or video. Sessions are covered by your medical plan the same as an office visit.

ableto.com/aetna

888-230-COKE (2653) (TTY: 711)

Employee Assistance Program (EAP)

Access 24/7 support through ComPsych Guidance Resources, Coca-Cola’s EAP provider. Get one-on-one counseling to help with decision-making about a baby diagnosed with a disability in utero or at birth, as well as:

- Ongoing support as the child gets older
- Referrals for legal support
- Financial guidance around added costs associated with children with disabilities
- Custom solutions, such as daycare, home repairs and major purchases

guidanceresources.com

(Web ID: COLA715)

Click **Relationships > Special Needs & Gifted Children** to access articles, slideshows, podcasts and more. Or click **Connect to Care > Work/Life Services > Child Care and Elder Care Issues**.

GuidanceNowSM app

888-243-8917



Nurse Support

Aetna One® Choice

Receive one-on-one support from a nurse who is your single point of contact to answer your health-related questions. Nurses can also refer you to a case worker, social worker or mental health provider.

888-230-COKE (2653) (TTY: 711)



Supplemental Health Plans

Aetna Critical Illness Plan

This supplemental coverage pays cash benefits when a covered dependent is diagnosed (after live birth) with a serious condition, such as cerebral palsy or Down syndrome. **Note:** The critical illness diagnosis must occur on or after the coverage effective date.

Aetna Hospital Indemnity Plan

This supplemental coverage pays cash benefits for covered hospital expenses, including a hospital stay for childbirth. **Note:** The hospitalization must occur on or after the coverage effective date.

If you have an eligible claim and you’ve registered your email with either aetna.com or myaetnasupplemental.com, you’ll get a reminder email to submit a claim.

myaetnasupplemental.com

My Aetna Supplemental app

800-607-3366 (TTY: 711)





Financial

Ayco Financial

Ayco can help you improve your financial well-being through online tools and conversations with certified financial counselors. Counselors can discuss financial decisions related to disabilities, as well as disability insurance and available Coca-Cola benefits options.

ayco.com/login/coca-cola

Ayco Mobile app

888-432-9261

Enrich

This financial well-being platform provides personalized financial education to help you build a strong financial future. Videos include What Is Disability Insurance?, Protecting Your Loved Ones and How to Protect Your Family Against Loss.

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app

MetLife Life Insurance

Insurance benefits include:

- Core Life insurance for you — company paid.
- Supplemental Life insurance for you and your family — employee paid. Includes free will preparation services.
- Supplemental Accidental Death and Dismemberment (AD&D) insurance for you and your family — employee paid.

800-638-6420

PayFlex

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses like deductibles, copays and medications tax free. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

payflex.com

PayFlex Mobile app

844-729-3539 (TTY: 711)

Premium Waiver

If your disability transitions to **Long-Term Disability (LTD)**, then you no longer need to pay the premium for any **Supplemental LTD** you elected during Annual Enrollment.

MetLife Disability

If you're unable to work due to an injury or illness, disability insurance provides a percentage of your salary and professional help for disability-related challenges. Both **Short-Term Disability** and **Core Long-Term Disability** are company paid. You can also enroll in **Supplemental LTD** during Annual Enrollment. If you have questions, contact HR Help.

metlife.com/mybenefits

877-765-2653



Healthcare

Aetna Behavioral Health

Your Coca-Cola medical plan covers behavioral health services, including counseling.

aetna.com

Aetna Health app

888-230-COKE (2653) (TTY: 711)

Aetna Health Concierge

Call your Aetna Health Concierge if you need help finding a provider.

888-230-COKE (2653) (TTY: 711)

Coca-Cola Medical Plan

Use the Aetna Health app and your Aetna member website to find in-network providers, see what's covered, track costs and more.

aetna.com

Aetna Health app

888-230-COKE (2653) (TTY: 711)

CVS Caremark

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty provides medication for complex conditions.

caremark.com

cvsspecialty.com/go

CVS Caremark app

855-465-0028 (TTY: 711), 24/7

Continued

Disability Triggered by a Medical Event ▶



Leave

MetLife Disability and Leave

To request a Leave of Absence — or to initiate a Return from Leave of Absence — including **Short-Term Disability** and **Long-Term Disability**, contact MetLife. Or, if you have questions about the type or duration of a leave of absence or extended sick leave, contact HR Help or visit **Leave of Absence (United States)** on Connect.

If you’re released to return to work with restrictions or limitations, MetLife will work with Coca-Cola on an accommodation plan. You can also contact HR Help to initiate the accommodation process.

If you’re eligible for Medicare or Social Security Disability Insurance (SSDI), MetLife can provide services to help you apply through their partner, Allsup.

metlife.com/mybenefits

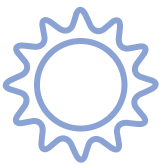
877-765-2653

Work Accommodations

The Coca-Cola Company provides an inclusive work environment and is committed to providing reasonable accommodations to ensure that if you have a qualified disability, you’ll enjoy equal employment opportunities. If you need an accommodation, contact HR Help.

hrhelp@coca-cola.com

1-877-676-76KO (7656)



Mental Well-Being

AbleTo

Access emotional support when you’re going through a difficult time, such as dealing with a medical diagnosis or life transition. This eight-week program offers private therapy sessions by phone or video. Sessions are covered by your medical plan the same as an office visit.

ableto.com/aetna

888-230-COKE (2653) (TTY: 711)



Nurse Support

Aetna One Choice

Receive one-on-one personalized nurse support to help you manage an acute or chronic condition. They can also add mental health support and resources as needed. The same nurse stays connected with you and your family to answer your health-related questions.

888-230-COKE (2653) (TTY: 711)

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola’s EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue per year. Work-life counselors can make medical referrals if needed, such as for home health nurses and healthcare centers. You can also access online tools and resources for concerns such as stress and anxiety.

guidanceresources.com

(Web ID: COLA715)

GuidanceNow app

888-243-8917



Supplemental Health Plans

Aetna Accident Plan

This supplemental coverage pays cash benefits for accidental injuries, like fractures, burns and paralysis. Also pays benefits for wheelchairs, prosthetic devices, physical therapy and service dogs. **Note:** The accident must occur on or after the coverage effective date.

Aetna Critical Illness Plan

This supplemental coverage pays cash benefits when you’re diagnosed with a serious illness or condition, such as a stroke, paralysis or coma. **Note:** The critical illness diagnosis must occur on or after the coverage effective date.

Aetna Hospital Indemnity Plan

This supplemental coverage pays cash benefits for hospital admission, daily hospital stays and daily rehabilitative stays. **Note:** The hospitalization must occur on or after the coverage effective date.

If you have a potentially eligible medical claim, and you’ve registered your email with either **aetna.com** or **myaetnasupplemental.com**, you’ll get a reminder email to submit a claim.

myaetnasupplemental.com

My Aetna Supplemental app

800-607-3366 (TTY: 711)



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Ayco Financial

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ayco.com/login/coca-cola

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member.virginpulse.com

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engage.virginpulse.com/coca-cola

Virgin Pulse app

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Insurance benefits include:

- Core Life insurance for you — company paid.
- Supplemental Life insurance for you and your family — employee paid. Includes free will preparation services.
- Supplemental Accidental Death and Dismemberment (AD&D) insurance for you and your family — employee paid.

800-638-6420

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payflex.com

PayFlex Mobile app

844-729-3539 (TTY: 711)



Healthcare

Coca-Cola Medical Plan

Use the Aetna Health app and your Aetna member website to find in-network providers, see what's covered, track costs and more.

aetna.com

Aetna Health app

888-230-COKE (2653) (TTY: 711)

CVS Caremark

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty provides medication for complex conditions.

caremark.com

cvsspecialty.com/go

CVS Caremark app

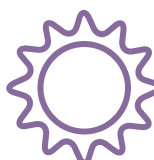
855-465-0028 (TTY: 711), 24/7

TruHearing®

Your VSP vision plan includes hearing aid benefits for members age 18 and older.

truhearing.com/vsp

877-396-7194



Mental Well-Being

AbleTo

Access emotional support when you're going through a difficult time, such as dealing with a medical diagnosis or life transition. This eight-week program offers private therapy sessions by phone or video. Sessions are covered by your medical plan the same as an office visit.

ableto.com/aetna

888-230-COKE (2653) (TTY: 711)

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola's EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue per year. Work-life counselors can make medical referrals if needed, such as for home health nurses and healthcare centers. You can also access online tools and resources for concerns such as stress and anxiety.

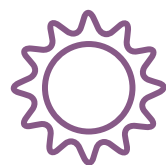
guidanceresources.com

(Web ID: COLA715)

GuidanceNow app

888-243-8917





Well-Being

AbleTo

Access emotional support when you’re going through a difficult time, such as dealing with a medical diagnosis or life transition. This eight-week program offers private therapy sessions by phone or video. Sessions are covered by your medical plan the same as an office visit.

ableto.com/aetna
888-230-COKE (2653) (TTY: 711)

Employee Assistance Program (EAP)

ComPsych Guidance Resources, Coca-Cola’s EAP provider, offers 24/7 support. All employees and their dependents can get eight free counseling sessions per issue per year. Work-life counselors can make medical referrals if needed, such as for home health nurses and healthcare centers. You can also access online tools and resources for concerns such as stress, anxiety, depression, substance misuse, grief and loss.

guidanceresources.com
(Web ID: COLA715)
GuidanceNow app

888-243-8917

Journeys®

Daily, self-guided courses help you build healthy habits. Courses include:

- Beat Lower Back Pain
- Find Your Focus
- Health for Every Body

Current members:
member.virginpulse.com
New members:
engage.virginpulse.com/coca-cola

Virgin Pulse app

RethinkCare

This digital platform helps build mindfulness and resilience. It includes a variety of courses, such as Manage Chronic Pain, and articles, such as Strategies that Encourage Disability Self-Identification.

Current members:
member.virginpulse.com
New members:
engage.virginpulse.com/coca-cola

Virgin Pulse app and RethinkCare app

SimpleTherapy®

Take advantage of 15-minute physical therapy sessions tailored to your pain, abilities and inabilities to improve muscle and joint health, flexibility, and range of motion.

simpletherapy.com/tccc
referrals@simpletherapy.com

SimpleTherapy app
(Employer name: TCCC)

SleepCharge®

For adults with disabilities, SleepCharge offers obstructive sleep apnea and medical consultation with a board-certified sleep physician. General sleep education information and materials are available to all Coca-Cola employees.

sleepcharge.com/tccc
877-615-7257



At the AOC in Atlanta

Care Center Behavioral Therapist

One-on-one psychotherapy helps with behavioral strategies for managing a disability and dealing with life changes. Visits are covered by your medical plan the same as an office visit.

Care Center on Connect
404-676-5800

Emory Care Center

Employees and dependents age 18+ can schedule virtual or in-person appointments, as well as join “Get Active with a Doc” webinars.

Care Center on Connect
emorycarecenter@emoryhealthcare.org
404-676-5800

On-site Health & Wellness Coach

Schedule virtual or in-person appointments to learn stress management and resiliency techniques and get help with healthy lifestyle choices and meeting well-being goals.

Amenities and Services on Connect

On-site Physical Therapist

Schedule a session with the Emory physical therapist located in the Uplift Fitness Studio. The therapist specializes in orthopedics, sports therapy and spine medicine and can make referrals to the Emory Outpatient Rehabilitation Center.

Physical Therapy and Sports Medicine on Connect
404-676-5800



Questions

COCA-COLA/AETNA BENEFITS QUESTIONS

On-site Health Concierge

Amenities and Services on Connect

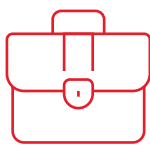
Aetna Health Concierge

888-230-COKE (2653) (TTY: 711)

HR QUESTIONS

Use the Digital Assistant on Connect.

Musculoskeletal (MSK) Disorder Resources



Digital Tools

Back & Joint Care Support Center

Everyone’s experience with joint pain is different. Log in to your Aetna® member website to find information, tips and tools to help you decide the best path for you.

aetna.com

Journeys®

Take daily self-guided courses through Virgin Pulse’s digital coaching tool. There are courses on fitness and chronic condition management, such as:

- Beat Lower Back Pain
- Change Your Workout

Current members:

member.virginpulse.com

New members:

engage.virginpulse.com/coca-cola

Virgin Pulse app

SimpleTherapy®

Take advantage of a full-body program tailored to your occupation and its specific physical demands. Whether you’re working from home, in the office or out in the field, injury prevention programs can provide some immediate relief and help prevent a job-related injury.

simpletherapy.com/tccc

referrals@simpletherapy.com

SimpleTherapy app

(Employer name: TCCC)

SleepCharge®

This telehealth program works to improve your sleep duration and quality. It can also provide sleeping tips for musculoskeletal concerns. General sleep education information and materials are available to all Coca-Cola employees.

sleepcharge.com/tccc

877-615-7257



Well-Being

Aetna Health Assessment

Take a quick online assessment to determine your current state of health and personal health risks. Then develop an action plan to help prevent musculoskeletal issues before they happen.

aetna.com log in and click Well-Being Journey

Employee Assistance Program (EAP)

Access 24/7 support through ComPsych Guidance Resources, Coca-Cola’s EAP provider. All employees and their dependents have access to eight free counseling sessions per issue per year. You can also access online tools, resource referrals and support for musculoskeletal concerns, such as stress, ergonomics, back pain, low impact exercises, navigating healthcare and more!

guidanceresources.com

(Web ID: COLA715)

GuidanceNowSM app

888-243-8917

Global Well-Being Hub

Access well-being tools and resources to help you “Refresh Yourself,” your team, your family and others. The hub includes information on programs, activities, tips, well-being stories from colleagues and the global well-being calendar.

[Global Well-Being on Connect](#)



At the AOC in Atlanta

On-site Health & Wellness Coach

Schedule virtual or in-person coaching appointments to work on healthy lifestyle choices and meeting well-being goals, including keeping your musculoskeletal system healthy.

[Amenities and Services on Connect](#)

On-site Physical Therapist

Schedule a session with the Emory physical therapist located in the Uplift Fitness Studio. The therapist specializes in orthopedics, sports therapy and spine medicine and can make referrals to the Emory Outpatient Rehabilitation Center.

[Physical Therapy and Sports Medicine on Connect](#)

404-676-5800

Uplift Fitness Studio

Improve your well-being with fitness classes, personal training, goal setting and more.

[Uplift Fitness Center on Connect](#)

upliftfitnessstudio@coca-cola.com

404-676-2001



Digital Tools

SimpleTherapy

Learn targeted exercises to help relieve symptoms associated with injury or general pain. You'll do gentle stretching and strengthening exercises, whether your injury is recent or has been causing you pain for years. Track your progress, such as range of motion, after each session.

simpletherapy.com/tccc
referrals@simpletherapy.com

SimpleTherapy app
(Employer name: TCCC)



Financial

PayFlex®

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payflex.com
PayFlex Mobile® app
844-729-3539 (TTY: 711)



Medical

Aetna Health Concierge

Call your Aetna Health Concierge if you need help finding a provider.

888-230-COKE (2653) (TTY: 711)

Coca-Cola Medical Plan

Use the Aetna HealthSM app and your Aetna member website to find in-network providers, see what's covered, track costs and more.

aetna.com
Aetna Health app
888-230-COKE (2653) (TTY: 711)

CVS Caremark®

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty® provides medication for complex conditions.

caremark.com
cvsspecialty.com/go
CVS Caremark app
855-465-0028 (TTY: 711), 24/7



Supplemental Health Plans

Aetna Accident Plan

This supplemental coverage pays cash benefits when you're faced with a covered accidental injury on or off the job. **Note:** The accident must occur on or after the coverage effective date.

Aetna Hospital Indemnity Plan

This supplemental coverage pays cash benefits for hospital admission, daily hospital stays and daily rehabilitative stays. **Note:** The hospitalization must occur on or after the coverage effective date.

If you have an eligible claim and you've registered your email with either aetna.com or myaetnasupplemental.com, you'll get a reminder email to submit a claim.

myaetnasupplemental.com
My Aetna Supplemental app
800-607-3366 (TTY: 711)



At the AOC in Atlanta

Emory Care Center

Employees and dependents age 18+ can schedule virtual or in-person appointments, as well as join "Get Active with a Doc" webinars.

Care Center on Connect
emorycarecenter@emoryhealthcare.org
404-676-5800

On-site Physical Therapist

Schedule a session with the Emory physical therapist located in the Uplift Fitness Studio. The therapist specializes in orthopedics, sports therapy and spine medicine and can make referrals to the Emory Outpatient Rehabilitation Center.

Physical Therapy and Sports Medicine on Connect
404-676-5800



Coaching

Aetna® Lifestyle and Condition Coaching

Choose from one-on-one phone coaching, live group coaching webinars and self-directed digital coaching to help with back and neck pain.

[aetna.com](https://www.aetna.com)
888-230-COKE (2653) (TTY: 711)



Digital Tools

SimpleTherapy

Use guided exercise therapy for any musculoskeletal disorder, including back pain, knee pain, hand arthritis and hundreds more. TCCC fully covers SimpleTherapy. There are no copays or out-of-pocket costs to use the program.

simpletherapy.com/tccc
referrals@simpletherapy.com

SimpleTherapy app
(Employer name: TCCC)



Financial

PayFlex

If you have a Health Savings Account (HSA) or Healthcare Flexible Spending Account (FSA) through your Coca-Cola medical plan, you can pay eligible out-of-pocket expenses, such as deductibles, copays and medications, tax free. Use your PayFlex debit card to pay at the time of purchase or payment, or submit a claim through the app, website or mail.

payflex.com
PayFlex Mobile app
844-729-3539 (TTY: 711)



Healthcare

Coca-Cola Medical Plan

Use the Aetna Health app and your Aetna member website to find in-network providers, such as physical therapists, see what’s covered, track costs and more.

[aetna.com](https://www.aetna.com)
Aetna Health app
888-230-COKE (2653) (TTY: 711)

CVS Caremark

Your prescription benefits include 90-day supplies, home delivery and personalized support. CVS Specialty provides medication for complex conditions.

[caremark.com](https://www.caremark.com)
cvsspecialty.com/go
CVS Caremark app
855-465-0028 (TTY: 711), 24/7

Delta Dental

Your dentist can provide a mouth guard, jaw exercises and medication to help reduce teeth grinding and clenching that may be causing neck and jaw problems. Get urgent care for pain or pressure with a live video consultation through Delta Dental Virtual Consult.

grin.deltadentalins.com
deltadentalins.com
800-521-2651



Nurse Support

Aetna One® Choice

Receive one-on-one personalized nurse support to help manage an acute or chronic condition. The same nurse works with you and your family throughout the process to help answer your health-related questions. When identified for case management, you’ll work with a nurse to put together a plan to help you achieve your health goals or manage your condition.

888-230-COKE (2653) (TTY: 711)



At the AOC in Atlanta

Emory Care Center

Employees and dependents age 18+ can schedule virtual or in-person appointments, as well as join “Get Active with a Doc” webinars.

You can also schedule one-on-one psychotherapy with the Care Center behavioral therapist. They can help with behavior strategies for managing chronic pain and dealing with life changes.

Visits are covered by your medical plan the same as an office visit.

Care Center on Connect
emorycarecenter@emoryhealthcare.org
404-676-5800

On-site Physical Therapist

Schedule a session with the Emory physical therapist located in the Uplift Fitness Studio. The therapist specializes in orthopedics, sports therapy and spine medicine and can make referrals to the Emory Outpatient Rehabilitation Center.

Physical Therapy and Sports Medicine on Connect
404-676-5800



Digital Tools

SimpleTherapy

After surgery, SimpleTherapy videos and 24/7 personalized coaching support can help you build back your strength and mobility, manage pain, and measure progress. They can also help reduce the risk of needing a second surgery or pain medication.

simpletherapy.com/tccc
referrals@simpletherapy.com

SimpleTherapy app
(Employer name: TCCC)



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metlife.com/mybenefits
877-765-2653



Leave

MetLife

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metlife.com/mybenefits
877-765-2653



Medical

2nd.MD

Get an expert medical second opinion, access to condition-specific care team nurses and personalized local support. A second opinion consult is required for any inpatient back or spine surgery.

2nd.md/aetna

Aetna Health Concierge

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888-230-COKE (2653) (TTY: 711)

Coca-Cola Medical Plan

Use the Aetna Health app and your Aetna member website to find in-network providers, see what's covered, track costs and more.

aetna.com
Aetna Health app
888-230-COKE (2653) (TTY: 711)

CVS Caremark

Your prescription drug benefits include 90-day supplies, home delivery and personalized support. CVS Specialty provides medication for complex conditions.

caremark.com
cvsspecialty.com/go

CVS Caremark app
855-465-0028 (TTY: 711), 24/7



Nurse Support

Aetna One Choice
Receive one-on-one personalized nurse support to help manage an acute or chronic condition. The same nurse works with you and your family throughout the process to help answer your health-related questions. When identified for case management, you'll work with a nurse to put together a plan to help you achieve your health goals or manage your condition.

888-230-COKE (2653) (TTY: 711)



Supplemental Health Plans

Aetna Accident Plan
This supplemental coverage pays cash benefits if you need surgery due to a covered accidental injury on or off the job. **Note:** The hospitalization must occur on or after the coverage effective date.

Aetna Hospital Indemnity Plan
This supplemental coverage pays cash benefits for hospital admission, daily hospital stays and daily rehabilitative stays. **Note:** The hospitalization must occur on or after the coverage effective date.

If you have an eligible claim and you've registered your email with either **aetna.com** or **myaetnasupplemental.com**, you'll get a reminder email to submit a claim.

myaetnasupplemental.com
My Aetna Supplemental app
800-607-3366 (TTY: 711)



At the AOC in Atlanta

On-site Physical Therapist
Schedule a session with the Emory physical therapist located in the Uplift Fitness Studio. The therapist specializes in orthopedics, sports therapy and spine medicine and can make referrals to the Emory Outpatient Rehabilitation Center.

Physical Therapy and Sports Medicine on Connect
404-676-5800

Uplift Fitness Studio
Improve your well-being with fitness classes, personal training, goal setting and more. Personal trainers can design and adjust workouts around your physical therapist's recommendations.

Uplift Fitness Center on Connect
upliftfitnessstudio@coca-cola.com
404-676-2001





Questions

COCA-COLA/AETNA BENEFITS QUESTIONS

On-site Health Concierge

Amenities and Services on Connect

Aetna Health Concierge

888-230-COKE (2653) (TTY: 711)

HR QUESTIONS

Use the Digital Assistant on Connect.